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Few cars snared by noise technology

Tickets could be in the mail by spring should council decide to move forward following the successful piloting of new technology used to test noise levels.

A city committee will receive a report Wednesday advising that the use of Noise Snare technology continue, despite only a small number of vehicles exceeding the decibel limit.

During the test period, which took place over different days under varying conditions, only 15 out of a total of 11,347 vehicles were over 96 decibels, the maximum level set by council.

Bylaw head Bill Bruce said that, although the numbers are low, the technology was given to the city for free as it was the first Canadian municipality to test it, so there's no additional costs to continue using it.

"It's a starting point," said Bruce. "I also think, realistically, the number of vehicles that do violate is quite low. It's just that they do tend to get our attention when they go by."

Bruce said they plan to target areas where they receive noise complaints.

The system operates in a similar way to photo radar, so violators would receive a ticket in the mail. **KATIE TURNER**



For more local news visit metronews.ca/calgary



► Cutting positions at the city in the short term doesn't make sense, according to Ald. Gord Lowe, as the city plans to create more than 100 new positions in the coming three years.

City's job-trimming plan 'shortsighted': Alderman

► Salaries, wages, overtime and benefits account for more than half of the city's operating costs ► Council will begin budget deliberations on Nov. 21



KATIE TURNER

@METRONEWS.CA

Cutting positions only to hire additional city employees in the coming years is counterintuitive, argues one alderman ahead of the city's budget debates.

Administration is proposing trimming 150 positions, 30 of which are expected to be layoffs, but Ald. Gord Lowe said adding additional full-time equivalents (FTEs) in the next two years doesn't make sense.

According to the city's proposed budget plans, there would be 14,505 FTEs in 2012, 14,552 in 2013 and 14,607 in 2014—an increase of 102 positions over three years.

"We're in this rather absurd position of relinquishing a huge number of positions, laying people off, only to hire people back in 2013 and 2014," said Lowe. "In my view it's short-sighted."

Ald. Andre Chabot, on the other hand, said the positions cut would not necessarily be the ones that are replaced down the road.

"Where we are looking at making cuts right now, it's probably because we need to make some of those cuts," he said. "Those additions that we'll have to add in the future ... will likely be in other departments."

CUPE 37 president Kevin Galley represents

Tax increase

- City's operating budget is about \$2.9 billion per year.
- The proposed tax increase is five per cent in 2012, 5.1 per cent in 2013 and 5.5 per cent in 2014.
- Council will debate that tax increase next week.

the city's outside workers and said that, in his view, the city is working against itself if they eliminate only to rehire.

1
news



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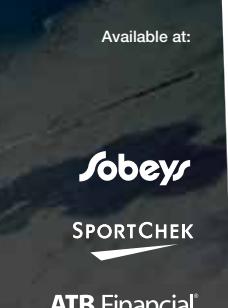
At metronews.ca

The Kandahar cenotaph bearing the names and likenesses of fallen Canadian soldiers is coming home. Video at metronews.ca/video

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Woman fights for right to die

► Opponents fear abuse by people who stand to gain from death

It's been nearly 20 years since Canada's laws on assisted suicide have been challenged by a terminally ill person, and now a similar right-to-die case has thrust the issue back into the spotlight.

Today, lawyers for Gloria Taylor, 63, will be in B.C. Supreme Court to argue against laws that make it a criminal offence to help seriously ill people end their lives.

In August, the Farewell Foundation lost its court battle to have the laws changed, but in a separate case, Judge Lynn Smith



agreed to fast-track a trial for Taylor, who wants a doctor-assisted suicide. She suffers from ALS, or Lou Gehrig's disease, an incurable illness that gradually weakens and degenerates muscles to the point of paralysis.

In Canada, it's illegal to counsel, aid or abet a person to commit suicide, and the offence carries a maximum punishment of 14 years in prison.

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Resort. Blaze

► Mike and Nancy Rogers pose for wedding photographer Nicholas Augustus as White Point Beach Resort's main lodge burns in the background on Saturday in Nova Scotia. No injuries were reported.



NICHOLAS AUGUSTUS/THE CANADIAN PRESS

Nova Scotia wedding takes place despite fire at lodge

Nancy Rogers was lacing up her wedding dress when word came of a fire spreading through the White Point Beach Resort lodge where she was to be married. Even though flames were shooting 20 metres into the air, Rogers and her fiancé, Michael, decided to plow ahead with the ceremony, with staff at the Nova Scotia resort moving the wedding to another building. She said it wasn't until after the ceremony that she realized how bad the fire was and that all of her wedding gifts and flowers had been destroyed. "It was completely engulfed and everything was up in flames," she said. "We lost all of that stuff, but that's not important to us. We got the most important things."

Strong quake rattles Indonesia

A strong earthquake hit waters off eastern Indonesia early Monday, local time, sending people along coastlines fleeing to high ground in panic. Officials said, however, there was no threat of a tsunami.

The quake had a preliminary magnitude of 6.6 and was centred 20 kilometres beneath the Molucca Sea,

the U.S. Geological Survey said.

Many people in Ternate, the town in North Maluku province that was closest to the epicentre, ran from their homes and offices as the ground rattled beneath them, said George Rajaloa, a resident.

"I ran with everyone

else," he said.

Fearing a tsunami, those living near the beach also fled to high ground.

But Suhardjono, from the Indonesian meteorological and geophysics agency, said there was no danger of a seismically triggered wave.

Indonesia straddles a series of fault lines that

make the vast island nation prone to volcanic and seismic activity.

A giant earthquake off the country on Dec. 26, 2004, triggered a tsunami in the Indian Ocean that killed 230,000 people, half of them in Indonesia's westernmost province of Aceh.

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News in brief**Hackers threaten T.O.**

TORONTO. The hacker group Anonymous is standing up for Toronto's Occupy movement.

In a video released on YouTube, the group threatens to launch a cyber-attack on the city if officials interfere with the month-long demonstration.

Mayor Rob Ford asked the occupiers this week to dismantle their tent city in St. James Park.

A few protesters tried to set up a new base in the park behind the Ontario legislature this weekend, but their efforts cut short.

Police shut down the fledgling camp Saturday night and brought the demonstrators back to the original site.

• METRO

Coroner: OD killed protester**VANCOUVER.**

Ashlie Gough was dead for several hours before fellow Occupy Vancouver protesters found her body, the B.C. Coroner's Service declared yesterday.

The 23-year-old Victoria woman died from a lethal mixture of cocaine and heroin in her system.

Gough was found unresponsive in one of the Occupy Vancouver tents at 4:40 p.m. on Nov. 5.

• MATT KIELTYKA IN VANCOUVER

Occupy Nova Scotia to stay

HALIFAX. Occupy Nova Scotia protesters say they will continue their protest even after this weekend's eviction from HRM parks and subsequent string of arrests.

• METRO

Showdown in Portland

► Occupy protesters in Oregon city defy eviction notice, flock to campsite ► Police move in to clear space

In a tense escalation of the Occupy Portland protest, police in riot gear yesterday surrounded demonstrators in a downtown park area after hundreds of people defied the mayor's order to leave the park by midnight.

By early afternoon, officers had mostly surrounded the camp where the protesters were holding a "general assembly" meeting to discuss their next moves following the eviction order.

Some officers used nightsticks to push people away from the encampment and used loudspeakers to warn that anyone who resisted risked arrest and "may also be subject to chemical agents and impact weapons." Demonstrators chanted "we are a



► A man is arrested for throwing something at a police officer at Occupy Portland yesterday.

peaceful protest."

Police could be seen carrying at least one protester away from the park. Another man was taken away on a stretcher; he was alert

and talking to paramedics, and raised a peace sign to fellow protesters, who responded with cheers.

Portland Mayor Sam Adams had ordered the

Camp problems

Police in riot gear surrounded protesters in a downtown park area after hundreds refused to leave.

► Mayor Sam Adams had ordered the camp shut down over the weekend.

► Yesterday, at an impromptu news conference, he defended his order, saying it's his job to enforce the law and keep the peace. "This is not a game," he said.

► He also noted that enacting the eviction order may require more patience.

camp shut down Saturday at midnight, citing unhealthy conditions and the encampment's attraction of drug users and thieves.

THE ASSOCIATED PRESS

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Egyptian blogger's custody extended

Egypt's military ordered a prominent blogger to be held in custody for 15 more days yesterday in a move likely to focus criticism against the country's ruling generals in the run-up to parliamentary elections, due to begin later this month.

The detention of Alaa Abd-Fattah, a well known blogger and leader during the 18-day uprising that ousted President Hosni Mubarak in February, has elicited international condemnation and galvan-

nized those who accuse the army of using Mubarak-era tactics to smear critics.

His family has used his case to draw attention to the 12,000 Egyptians who have faced military trials this year. Protesters welcomed Egypt's army when it deployed in the streets during the uprising. But months later, many have started to accuse the military of reviving hated practices of the Mubarak era.

THE ASSOCIATED PRESS

World in brief

Israel limits funding

JERUSALEM. Senior Israeli cabinet ministers took a significant step yesterday toward curbing foreign funding for political not-for-profit organizations, a measure that opponents see as trying to muzzle dovish groups critical of the government.

The Ministerial Committee for Legislation approved a bill that would limit donations by foreign governments or international bodies such as the United Nations or European Union.

THE ASSOCIATED PRESS

Hamas being targeted

GAZA. Weeks after a new round of fighting with

Gaza militants subsided, a senior Israeli military official said yesterday that Israel is ready and able to topple the territory's Hamas government, though it has no immediate plans to do so.

The official also said Gaza militants now have rockets capable of striking Tel Aviv, Israel's cultural and business hub.

THE ASSOCIATED PRESS

No trial in Swiss case

SWITZERLAND. Swiss prosecutors will opt to avoid a public trial for three Swiss men suspected of giving nuclear-weapons technology and supplies to a rogue network in Pakistan, a newspaper reported yesterday.

The case is politically sensitive for Switzerland and the United States because of alleged national-security implications

THE ASSOCIATED PRESS



► People watch police officers ride past in the shovel of a bulldozer in the Rocinha slum in Rio de Janeiro. Elite police units backed by armoured military vehicles and helicopters invaded the largest slum in this seaside Olympic city early yesterday.

FELIPE DANA/THE ASSOCIATED PRESS

Soldiers move in on Brazilian shantytown

► Operation part of effort to improve country's image ahead of 2014 World Cup and 2016 Olympics ► Took police 90 minutes to gain control

More than 3,000 police and soldiers backed by armoured personnel carriers raced into Brazil's biggest slum before dawn yesterday, quickly gaining control of a shantytown ruled for decades by a heavily armed drug gang.

"We're taking back this territory for the 100,000 citizens of Rocinha, people who have needed peace," said Sergio Cabral, governor of Rio de Janeiro state.

The action in Rocinha is part of a campaign to drive the drug gangs out of the city's slums, where the traffickers often rule un-

Leader's house



► Down a side alleyway, police discovered a house they said belonged to the No. 2 gang leader, Sandro Luiz de Paula Amorim,

challenged. The city of Rio de Janeiro has more than 1,000 shantytowns where

known as "Peixe," who was captured by police a few days earlier as they circled Rocinha with roadblocks.

► In stark contrast to the impoverished shacks around it, Amorim's three-storey home was outfitted with a large whirlpool bath, swimming pool, massive aquarium, high-definition TV and just one book: the ancient Chinese military text Art of War.

about one-third of its six million people live.

Police simultaneously

overran the neighbouring Vidigal slum, also previously dominated by the drug gang Friends of Friends.

Both slums sit between two of Rio's richest neighbourhoods, and Rocinha's ramshackle shacks climb a mountainside covered in Atlantic rain forest. Police methodically cleared alleys and streets on their way up steep, winding roads.

Officials are now calling on the shantytown's residents to help law enforcement find drugs and weapons hidden in the community.

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**Names, likeness
of the fallen**

Soldiers at Kandahar Airfield are taking apart the white marble cenotaph that bears the names and likenesses of the Canadians who have lost their lives as part of the mission in Afghanistan.

The cenotaph has long been a sombre fixture at the airfield.

"It's a sense of profound pride that these soldiers are taking this apart and having the opportunity to repatriate some of the faces and names of our 158 fallen."

LT-COL. MARK FLINT, WHO LEADS THE TEAM OF ENGINEERS WHO ARE PACKING UP THE CENOTAPH



RYAN REMIORZ/THE CANADIAN PRESS

Time to leave

- The Canadian Forces have taken down more than 200 structures at Kandahar Airfield and moved 1,800 sea containers and close to 1,000 vehicles.
- The military expects to be completely out of Kandahar Airfield by mid-December.

Erecting new monument

The Defence Department has said it plans to erect a new monument in the Ottawa area. One spot the military is apparently considering is Beechwood Cemetery in the city's east end, which is already home to the national military cemetery where many veterans are buried.

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Germany arrests far-right suspect

► Culprit allegedly linked to terrorist group that killed nine civilians, one police officer ► Possibly linked to other crimes

German police arrested a new suspect yesterday following the discovery of an extremist group believed to have killed 10 people in what the country's top security official called "a new form of far-right terrorism."

Police arrested a 37-year-old German on suspicion of belonging to the right-wing extremists, and prosecutors labelled the National Socialist Underground group a terrorist organization.

Prosecutors suspect the group, which was discovered only last week, of having murdered eight people of Turkish origin, one Greek national and a German policewoman over the past decade.

"Now it is all about finding out whether ... more

people were involved, whether there's a network, finding out which dimension all this has," Interior Minister Hans-Peter Friedrich told reporters in

**"It is shocking....
And it is shameful
that something
like this happened
in our country."**

CHANCELLOR ANGELA MERKEL TO PUBLIC BROADCASTER ARD, ADDING THE "ALARMING FINDINGS" POINT TO "STRUCTURES THAT WE HAVE NOT IMAGINED LIKE THIS."

Berlin.

"It looks like, after all the evidence that we have so far, that we are experiencing a new form of far-right terrorism," he said, adding

that the case was unusual because the group did not publicly claim responsibility or vaunt its actions within the far-right scene.

Prosecutors are investigating whether the new suspect, identified only as Holger G. in line with German privacy laws, was directly involved in the group's killings. The man is believed to have helped the group's other three known members by providing them with documents and vehicles, one of which was apparently used in the killing of a police officer, prosecutors said.

Two of the other group members are dead while the third turned herself in to police last week.

THE ASSOCIATED PRESS

46 arrested over Polish clashes

Polish prosecutors have filed criminal charges against 46 people suspected of attacking police during Independence Day marches in Warsaw.

The charges yesterday come as Polish authorities have moved quickly to put on trial those arrested in Friday's attacks. Officials are taking a tough stance against violence before the Euro 2012 soccer championships next year.

The news agency PAP quoted a spokeswoman for prosecutors, Monika Lewandowska, as saying that 46 were charged for their involvement in what was some of the worst street violence in Poland in years. THE ASSOCIATED PRESS



► Officials from the Tokyo Electric Power Co. and journalists pass by a newly built sea barricade next to the crippled Fukushima Dai-ichi nuclear power station.

DAVID GUTTENFELDER/POOL/THE ASSOCIATED PRESS

Media take nuclear tour

Media allowed into Japan's nuclear power plant saw twisted vehicles, crumbling reactor buildings and piles of untouched rubble. For more photos, visit metronews.ca.

210

Of 210 arrested, 92 were Germans, many of whom have been allowed to return home. Lewandowska said

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Teacher killed in Egypt remembered

► Seemed to be a case of wrong place at the wrong time, friend says ► 'It's just a shock because he just loved life'

To his friends he was an avid traveller and an ideal ambassador for Canada; to his students the man known simply as "Mr. Jeff" was a passionate role model.

Those who knew Jean-Francois Pelland spent the weekend expressing their shock and sadness after the 34-year-old died of gunshot wounds in an Egyptian hospital.

"He will be greatly missed by everyone here," his co-workers at Cairo's British Columbia Canadian International School said in a statement issued yesterday.

"During his short time here, he had a significant impact on all of us."



THE CANADIAN PRESS HANDOUT

Pelland, a teacher who became vice-principal of the school this August, died on Friday, two days after men fired on his car, thinking it was carrying members of a rival tribe.

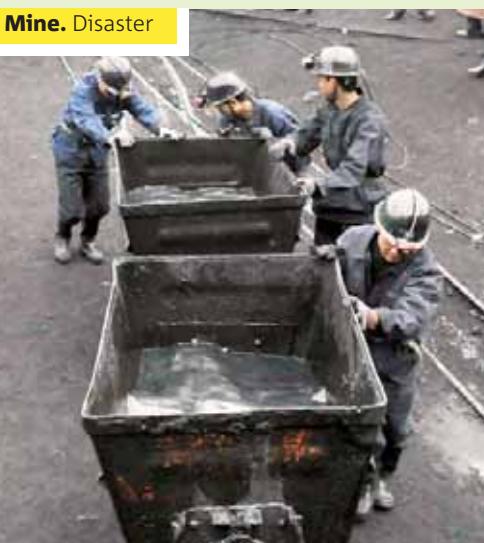
His employer said the

"naturally friendly" Montrealer was touring southern Egypt in a taxi with a friend when shots were fired after their driver refused to stop for an illegal roadblock in the Sohag area, near Luxor.

After surgery to remove his spleen and repair his intestinal tract at a hospital in Luxor, Pelland died due to complications from his injuries.

Pelland's death highlighted the family feuds and revenge attacks which are common in southern Egypt, where many families take the law into their own hands and refuse police intervention.

THE CANADIAN PRESS



► Rescuers move mining carts containing water after a gas leak at a coal mine in Shizong county of Qujing city, in southwestern China's Yunnan province, on Saturday.

THE ASSOCIATED PRESS

Death toll at 34 in gas leak

The gas leak hit one underground platform of the coal mine Thursday and spread to another platform, trapping 43 miners. As of late Saturday, 34 miners were confirmed dead. Another nine miners were still trapped.

Charges in brazen poppy theft

Police have charged an unlikely suspect in the theft of poppy donation boxes from the Canadian Corps Veterans Association.

Kenneth Maudsley, 22, of London, Ont. — the son of the association's president — is charged with two counts of break, enter and theft.

News of his arrest broke Friday as people across the city gathered for Remembrance Day observances.

Police have said eight donation boxes were reported stolen Nov. 6 after someone broke a window and gained access to the association's Dundas Street office.

The community rallied in the aftermath, donating more than \$10,000 to make up for what was stolen.

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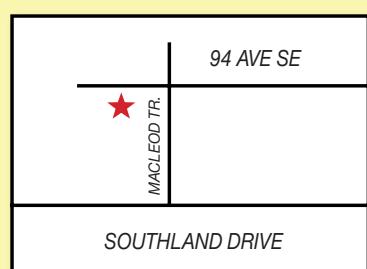
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Mario Monti takes helm in Italy

► ‘Super Mario’ must now prevent an Italian default that could tear apart the eurozone and plunge the continent back into recession ► Rival parties pledge conditional support

Economist Mario Monti accepted the monumental task yesterday of trying to form a new government that can rescue Italy from financial ruin.

His selection came a day after Silvio Berlusconi reluctantly resigned as prime minister, bowing out after world markets pummeled Italy’s borrowing ability, reflecting a loss of faith in his leadership.

Berlusconi quit after the Italian parliament approved new reform measures demanded by the European Union and central bank officials. But even those are not considered enough to right

Italy’s ailing economy.

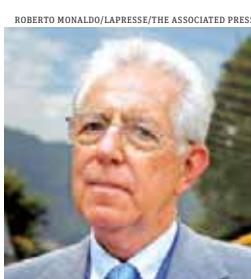
Monti, 68, is a former economics professor who won a reputation as a tough EU competition commissioner, a role that also earned him the nickname “Super Mario.”

He must now draw up a Cabinet, lay out his priorities and win a confidence vote in parliament before he can lead the nation.

Monti told reporters in Rome that he will carry out his task “with a great sense of responsibility and service toward this nation.”

“We owe it to our children, to give them a concrete future of dignity and hope,” he said.

Italy’s economy is ham-



pered by high wage costs, low productivity, fat government payrolls, excessive taxes, choking bureaucracy and an educational system that produces one of the lowest levels of university graduates among rich countries.

In addition, as the third-largest economy in

“There is an emergency, but we can overcome it with a common effort. In a moment of particular difficulty, Italy must win the challenge to bounce back. We must be an element of strength and not weakness in the European Union, of which we are founders.”

MARIO MONTI, INCOMING ITALIAN PRIME MINISTER

the eurozone, Italy is considered too big for Europe to bail out like Greece, Portugal and Ireland have been.

The next Italian government needs to push through even more painful reforms and austerity measures to deal with 1.9 trillion euros in debt, about 120 per cent

of the country’s economic output.

Many of those debts are coming due soon: Italy has to roll over more than 300 billion euros of its debts next year alone.

Berlusconi’s ranks and that of his allies, have been clamouring for early elections. But President Giorgio Napolitano cited



approaching treasury bond auctions — one as early as today and other bonds maturing in the next few months — as a main reason he decided to “avoid early elections and the consequent government vacuum” until a new one could be formed.

THE ASSOCIATED PRESS

Stealth fighter maker lining up for more Canadian government contracts

Lockheed Martin, builder of the controversial F-35 stealth fighter, is lining up to bid on the Conservative government’s purchase of fixed-wing planes.

The world’s largest defence contractor wants to build more Hercules transports for the air force, defence and industry sources say.

But the entrance of the Bethesda, Md.-based com-

pany into the bidding is likely to cause even more controversy in the political and defence communities.

Aside from the continuing debate over the stealth fighter, Lockheed Martin was the recipient of a multibillion-dollar unneeded contract for cargo planes and irked Industry Canada when it came to appropriation of regional benefits. The department

was so put out that it held up Cabinet approval of the F-35 for about a year.

Once it is released, a request for proposals is expected to draw interest from not only Lockheed Martin and Aleina, but also Europe-based Airbus Military, Bombardier in Montreal and perhaps Viking Air, another Canadian company.

THE CANADIAN PRESS

CHARGE ‘ER UP, BUDDY

EV stations coming to a corner near you

Better Place, an Israeli-American electric-vehicle company, has secured an additional \$200 million US in financing to create the world’s first network of charging stations.

New investors include

General Electric Co. and UBS AG, founder and CEO Shai Agassi says. Since 2007, Better Place has raised more than \$750 million US.

Agassi says production on the stations will begin in Israel and Denmark in the next few months, with plans to build a network around the world. Its partner, Renault, is making the cars.

The company says its service will cost about the same as it does to fill up a gasoline-powered car. THE ASSOCIATED PRESS

Market moment

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+ \$1.21 US (\$98.99 US)	Gold \$1,788.10 US (+ \$28.50 US)



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Germany to EU: Help wanted

With a shrinking labour force and buoyant economy, Germany needs skilled workers to keep its industrial engine churning and is seeking them from Greece, Spain and Portugal where unemployment is soaring amid fears of financial implosion.

Germany quickly overcame the financial meltdown that started in 2008 and unemployment is now at a 20-year low of 6.6 per cent. Companies are so desperate for workers that

the government has taken to organizing matchmaking sessions between German firms and job seekers from debt-ridden countries.

While there are no hard numbers on how many professionals from Europe's crisis zone have been hired in Germany, immigration has shot up by 13 per cent in the past five years, and more than half of the newcomers are from the EU.

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► People walk among 3,000 white crosses marking fallen Alberta soldiers in Calgary on Remembrance Day.

HONOURING HISTORY OF OUR ELDERS

URBAN COMPASS

JAMES CALLSEN
METRO CALGARY



Watching Friday's Remembrance Day ceremonies I was struck, just as I am every Nov. 11, with how many fewer veterans are able to attend year after year.

When the camera pans across the faces in the thinning assembly of veterans of the Second World War and the Korean War, they're getting older every year. Some day, they will all be gone and with that we will have lost a massive piece of living history from an extremely important time for our country and our world.

However, one thing I begin to realize is that not only are we losing veterans and their stories every year, but as our elderly population slowly disappears, we lose the stories and the history of everyone who has came before us and lived to see our current day and age.

"Every senior citizen over the age of 75 is a living testament They bore witness to some of the most pivotal times of the 20th century, and while some may not think their stories matter, they do"

dying resource for an incredible amount of knowledge and experience. It's time for members of my generation to get their fill before it's too late.

Talk to your grandparents, your relatives. Heck, even stop in at a senior's home. Trust me — they will be happy to see you and you'll be surprised how much your interest will make another person's day. These are the people who have given so much to my generation. Without them, we would not have the luxuries we have today. The least we can do is say thank you.

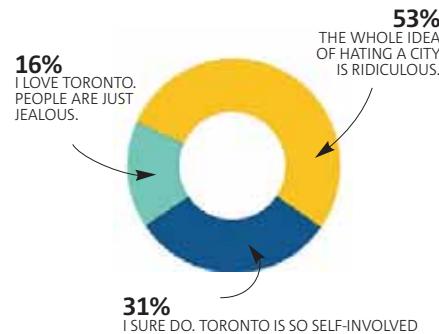
Every senior citizen over the age of 75 is a living testament to Canada growing from a colonial outpost to a respected nation around the world. They lived through the Great Depression and the Second World War; they literally gave birth to the baby boomers and worked to create a quality of life greater than they had ever known. They bore witness to some of the most pivotal times of the 20th century, and while some may not think their stories matter, they do.

Time is running out for us to learn from our elders. They literally are a



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Worth Mentioning

HERMAN CAIN SAYS JOKE ABOUT ANITA HILL WAS 'MEANT TO BE FUNNY'.

U.S. Republican presidential candidate Herman Cain — facing allegations of sexual harassment — is defending a joke he made about Anita Hill.

Cain said he was approached at a recent event by a supporter who said Hill was trying to contact him.

Cain responded by asking whether Hill was going to endorse him. Hill famously accused then-Supreme Court nominee Clarence Thomas of sexual harassment.

In an appearance Friday on Fox News Channel, Cain called the supporter's comment "hilarious" and said his own reply was meant to be funny.

Four women have said Cain sexually harassed them when he led the National Restaurant Association more than a decade ago.

Some Cain backers have compared the Georgia businessman's treatment to that of Thomas, another high profile black conservative.

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photo of the day

► This photo titled The End, was submitted to the Photo of the Day category by bongopix from Toronto.



Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotchallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Italian team tackles mafia on soccer pitch

The Italy national team trained yesterday on a pitch that was confiscated from a crime syndicate to show support for the fight against the mafia.

Cesare Prandelli's team was welcomed onto the pitch by around 1,000 spectators. The initiative was organized by Libera — an association that co-ordinates groups trying to stop organized crime.

"The fight against the mafia

happens on the ground, but above all in Rome, in parliament," Libera president Luigi Ciotti said. "The real fight against the mafia is done with social policies, defending jobs, starting with those who have them."

"I invite the football federation to join Libera's network of 1,600 associations without political colours."

Calabria's Ndrangheta crime syndicate is today considered more powerful than the Sicilian mafia and has become one of the world's biggest cocaine traffickers.

"It's the third time we've inaugurated this pitch," Ciotti added. "Either we really put ourselves to work for change, or it will all be in vain. Change starts with each one of us."

THE ASSOCIATED PRESS

Lautner's 'were'withal

► Twilight's main werewolf talks about the difficulty in translating some strange situations from the book onto the big screen ► Is mum on a rumoured future project with Milk filmmakers

 NED EHRBAR
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METRO WORLD NEWS IN HOLLYWOOD

For the fourth installment of the Twilight franchise, Taylor Lautner knew he was going to be in for some pretty bizarre stuff — even for a franchise about vampires, werewolves and moody teens. His character, the werewolf Jacob, finds himself in the awkward position of "imprinting" on Renesmee, the newborn daughter of Bella (Kristen Stewart) and Edward (Robert Pattinson). "That was ... tough," Lautner admits. "Because what is imprinting? What do you look like when you imprint? I mean, those were all the questions going through my head."

For the uninitiated, imprinting is what happens when a werewolf finds his soulmate, at least in author Stephenie Meyer's world.

"Luckily we had Stephenie on set the entire time, and trust me I asked her a million times, 'OK, explain to me one more time what imprinting is exactly?' and 'What is he doing when he's imprinting?' It was very, very confusing," Lautner says.



► Taylor Lautner says he goes back and forth with his character Jacob's persistence to be with Bella.

And filming the sequence didn't necessarily make it any clearer, unfortunately, thanks to the mechanics of the special effects. "When we filmed it, they put an X on a wall and said, 'This is Renesmee. You're going to walk in the room, you're going to look at the X and you're going to imprint,'" Lautner remembers.

"And I'm like, 'Are you kidding me?' It was tough, it really was. But now after seeing the final version, I'm really happy with it. It really is a special moment, but on the day it was a leap of faith."

The business with the baby was something he'd been anticipating, of course, and he admits that while he gets the overall ro-

mance of the story, it does seem like an odd consolation prize. "I get a baby? Yeah, yeah. I have gotten over that by now," he says. "I remember the first time reading the book, I was so confused. I was like, 'Wait. He's trying to get Bella the whole time, and he strikes out so he goes with her child?' It really took a second."

HANDOUT

What's next for Lautner

Since Taylor Lautner shared a dinner with director Gus Van Sant and screenwriter Dustin Lance Black recently, Hollywood insiders have been speculating about some sort of team-up. All that came to a head when, earlier this month, it was reported that Lautner would be starring in a movie directed by the Milk filmmaker, based on an unidentified article published in the New Yorker. Lautner is cryptic when pressed on the issue.

► "He is a very, very talented director who I've always looked up to and I've always wanted to work with," he says. "It's very premature, so I really don't have much to say now other than the fact that I really, really respect and would love the opportunity to work with him." As for the report that it's based on a New Yorker article? "Um... there is a project like that floating around somewhere on this planet," Lautner says.



Scene in brief



The action tale Immortals debuted at No. 1 this weekend. The film took in \$32 million domestically, while studio estimates Sunday put Adam Sandler's new comedy Jack and Jill at No. 2 with a \$26 million opening. Puss in Boots was No. 3. It earned \$25.5 million.

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Meryl Streep, Ralph Fiennes lead Oscars tribute to Vanessa Redgrave in London.

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Baker is on call

► The Mentalist's Simon Baker takes a stab at playing a soulless Wall Street wizard in Margin Call ► Shares his thoughts on greed and morality



ANNE BRODIE

SCENE@METRONEWS.CA

Simon Baker's affable, open Patrick Jane on the TV phenom The Mentalist is light years away from the mannered, restrained wizard of Wall Street he plays in the financial thriller Margin Call. Jared Cohen leads a team of self-serving execs to find a way to cover his company's worthless leverage in the first days of the economic meltdown.

You play a seemingly soulless man caught in one of the worst disasters of our time.

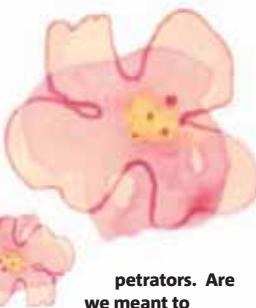
If there is any parallel I can draw in the journey, my character is a device. We follow young Seth, Penn Badgley, and the young analyst played by Zachary Quinto and Kevin Spacey and a little of Demi Moore on emotional trips. Jared is largely a device, like the last scene that I have with Penn. Here is the young guy

that wants to be Gordon Gekko and a hotshot, and he's definitely a product of that mould. I thought it was important to make a deal with the devil. He's not going to stand down and show signs of weaknesses in the offices with coworkers but that affected quality is what I was looking at, the protective shell. That's how they disconnect themselves emotionally.

It's an interesting view of the crash, seeing not from the victims' point of view, but from the per



JASON KEMPIN/GETTY IMAGES



petrators. Are we meant to feel sympathy?

I don't think we're meant to feel sympathy but I think that what it does reflect is that they are human and fallible. It's just too easy to pin an idea of them being soulless, inhuman people. I don't think we should feel sympathy, but understand that greed really is a part of human nature and it can take over and this is where we see it. Deep down inside Kevin Spacey there is a lot of soul. His humanity sort of wins out, and in my case you can see vulnerability a tiny bit but he never lets it show.

the idea of it being a morality tale. But he doesn't. At some points it is heavy handed, but there are some grace notes and delicate notes, that are hard to verbalize that just land sometimes. There are certain moments, particularly Paul Bettany's performance.

Billy's back

► Crystal returns to host Oscars for the ninth time



The 63-year-old comedian and veteran Oscar host said Thursday on Twitter that he is hosting this season's Academy Awards "so the young woman in the pharmacy will stop asking my name when I pick up my prescriptions."

"Some of the best moments of my career have happened on the Oscar stage," said

Crystal in a statement from the Academy of Motion Picture Arts and Sciences. "I am thrilled to be back there."

This will be the ninth Oscar stint for Crystal, one of the most popular Oscar

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LUSCIOUS EMBRACE



CHRIS PIZZELLO/THE ASSOCIATED PRESS

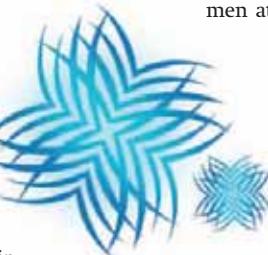
ident Tom Sherak called Crystal "a comic legend and Oscar icon, and it feels good to have him back where he belongs."

The naming of Crystal follows a groundswell of sentiment for his return after he led a tribute to Bob Hope on the 2011 Oscar show for which he received a standing ovation.

Crystal previously hosted in 1990, 1991, 1992, 1993, 1997, 1998, 2000, and 2004 — some of the most successful shows in Oscar history.

Comedian Eddie Murphy had been chosen to host the Feb. 26, 2012, show.

but pulled out Wednesday following the departure on Tuesday of producer and friend Brett Ratner, who left amid criticism of his use of a pejorative term for gay men at a



screening of the director's action comedy Tower Heist.

THE ASSOCIATED PRESS

hosts of recent years. His last time was in 2004. Only Bob Hope hosted more Oscar shows. Academy pres-

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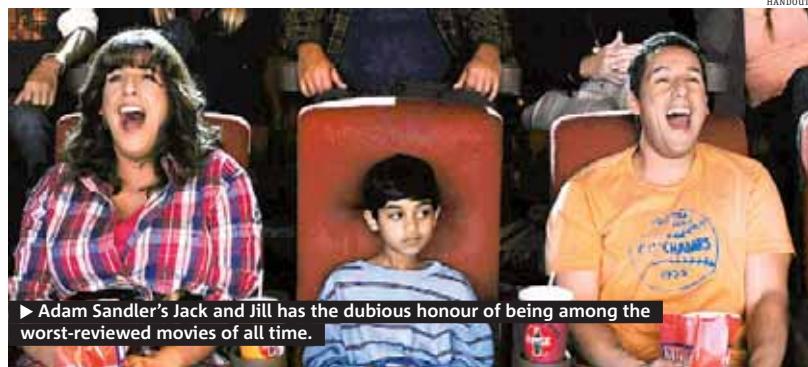
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PURELY PRISTINE

Is Adam Sandler zero per cent funny?

► Comedian's latest movie, *Jack and Jill*, gets trashed by critics ► Here, some of the biggest flops of all time



► Adam Sandler's *Jack and Jill* has the dubious honour of being among the worst-reviewed movies of all time.

This weekend, Adam Sandler's comedy *Jack and Jill*, in which he cross-dresses to play his own sis-

ter, debuted to a zero per cent — later upped to three per cent — rating on the critic aggregation website Rotten Tomatoes. Even Yogi Bear and The Smurfs scored higher.

Here are the few films that scored even worse — zero per cent and staying there.

Troll 2 (1990)

The cult classic, about a group of vegetarian monsters, is so bad, it was the subject of a documentary called *Best Worst Movie* — directed by one of the cast members. Funniest part: there are no trolls in *Troll 2*.

Pinocchio (2002)

Remember Roberto Begnini? The Life is Beautiful actor who won the Oscar and climbed over the chairs at the ceremony? He cast himself as Pinocchio in this live-action disaster. "What can one say about a balding 50-year-old actor playing an

innocent boy carved from a log?" asked one critic.

Superbabies: Baby Geniuses 2 (2004)

Talking babies battle bad guys with super powers and farts. It's from the director of another critically-acclaimed hit: *Porky's*.

Strange Wilderness (2008) and Bucky Larson: Born to Be a Star (2011)

One's a satire of nature documentaries, featuring Bigfoot, and the other is a satire of porn, featuring a small penis.

Who executive produced these masterpieces? Adam Sandler.

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J.Lo rebounds with hot backup dancer

► His name is Casper Smart and he's not into wearing shirts ► His special skills include 'krumping, acrobatics, breaking and popping'

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



Jennifer Lopez has a thing for backup dancers.

Not only was her second husband, Chris Judd, one (before he got that sweet, sweet divorce settlement, that is) but it seems like her new rebound, Casper Smart, is one as well.

The rhythmic Smart has, according to his personal

website caspersmart.com (which he has since taken offline since Us Weekly broke the news that he and Lopez are dating), had a role in Honey 2 and was a dancer in Step Up 3D.

His special skills include "krumping, acrobatics, breaking [and] popping."

Another skill? He's never in a shirt! A source tells Us Weekly that he's "popular with the ladies because he goes shirtless!"

So there you have it. Jennifer Lopez is now into men who can krump, break, pop, and not clothe themselves.



► Jennifer Lopez

MÉTIS EMERGENCY SERVICES PROGRAM

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Space is limited, so apply today!

Program starts February 6, 2012
Application Deadline January 6, 2012

To apply or for more information, contact the Métis Employment Services office near you:
1-888-48-MÉTIS (1-888-486-3847)

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Program starts February 6, 2012
Application Deadline January 6, 2012

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Celebrity tweets



iPhone's SmartType feature really doesn't want me to describe things as "rockin'" I guess it is smart.
— @diabolocody



@ActuallyNPH
Break a leg, @BillyCrystal. The Oscars are lucky to have you.



@Joan_Rivers
The Conrad Murray verdict has made me realize that Michael Jackson's life and death has touched more people than even Herman Cain.



@jasonsegel
This is the best day ever. So many new friends already. I will do my best to make equal time for most of you

Madge wants a family man... well, kinda

Madonna puts a lot of thought into her boyfriends.

"I don't necessarily like to use the word lover because it sounds like they just come over and have sex with you. I aspire to more than that, and I need more than that," the singer, who is currently dating French breakdancer Brahim Zaibat, tells Harper's Bazaar.

"It's also important that my children admire and respect this partner that I would choose for myself. Especially for my sons, who have their father, but they need a male role model as well."

Earlier, he told the Elvis Duran Morning Show, "She knew weeks before getting married she didn't want to do it. She's never gotten over [former boyfriend/NFL player Reggie Bush]."

Kardashian is suing Jaxson for \$200,000, a sum that seems low for a Kardashian. But maybe she's just trying to raise some capital to pay the return postage on all of those wedding presents she has to return?

So I need to keep this in



mind: What is this person modelling to my sons, what kind of man is he, what values does he have, what energy is he giving off? Because they are impressionable. It's so important."

● METRO

Cage cuts into his finances

Nicolas Cage has apparently gotten back into his old lavish spending habits.

The star, who struggled with IRS debt in recent years, reportedly spent \$2,000 on a custom knife at Northern Knives in Anchorage, Alaska, according to TMZ.

The object in question

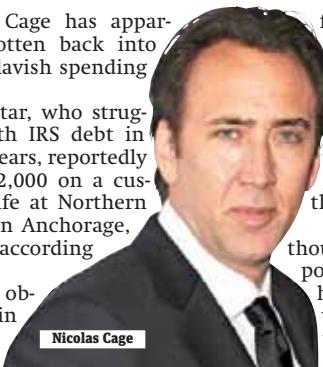
features a handle made of mammoth ivory and a bald eagle engraved on the blade.

Nice as it is, though, Cage reportedly said he plans to use the knife to eat steak.

● METRO



► Kim Kardashian



Nicolas Cage

Are you over-parenting?

► Parents feel like they need to micromanage their children's every move so they fulfill their true potential ► But a more relaxed, hands-off approach to parenting takes pressure off kids and parents

 **EMMA E.
FORREST**
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Being a parent is a stressful job. These days, you're not only expected to cover the basics — love, food, clothing, schooling, junior taxi service, but our perfectionist culture tells parents that we must also execute a punishing schedule geared to transforming our child into star pupil, tennis champ and school musical lead.

But hyper-parenting — where parents push their kids in the name of "fulfilling their potential" — doesn't necessarily lead to happier, healthier, more successful kids. Not every child can be the next Ronaldo or Picasso, and parental pressure and over-involvement can lead to children's anxiety, fear of failure and inability to be self-reliant.

Economist Dr. Bryan Caplan caused a stir earlier this year with his book, *Selfish Reasons to Have More Kids: Why Being a Great Parent is Less Work and More Fun than You Think*, which suggested that hot-housing has little long-term effect on your

child. Caplan points out that studies on twins and adopted kids show that the long-term effects of parenting have little impact on a wide variety of outcomes including health, happiness, intelligence and success. Children can't be molded, he says. Like flexible plastic, they respond to pressure but return to their original shape when pressure is released, so there's no point trying to change them. "Even happiness is not something that parenting makes or breaks," says Caplan.

Because you can't change your kids, pushing them to excel is a waste of time and a burden on your relationship with them, say supporters of a new type of more serene parenting.

"We all want the same thing: for our children to be happy and healthy and to reach their full potential," says Carl Honore, slow advocate and author of *Under Pressure: Rescuing our Children from the Culture of Hyperparenting*. "And we can all have this if we get a balance between doing too much for our kids and doing too little."

Focusing less on kids is better for parents, too. Those who over-parent are



► Playing in the leaves is more fun than soccer coaching, for you and your children.

three times more likely to suffer depression and anxiety, according to clinical psychologist Dr. Madeline Levine, who believes that over-involved parenting is parents' way of correcting what they saw as wrong in their own lives. It's also better for your kids if you invest in your relationship.

"Hyper-parenting is exhausting. It turns childrearing into a cross between a competitive sport and product-development,"

says Honore. "It's tiring, expensive and stressful. All this puts a squeeze on a marriage, with both partners feeling tired and overstretched. They also have less time to spend together on their own. Ultimately, it can break a marriage."

But if we all want the best for our kids, how do we get a balance between providing opportunities and being hands-off? Caplan says if you're consciously thinking about

your parenting style, you're already on the right track.

"Ignore the panic and peer pressure; your child will be fine," Honore advises. "Trust your instincts. Find your own way to parent. Listen to and observe your child."

"A child is not a project or a trophy or a piece of clay you can mould into a work of art. A child is a person who will thrive if allowed to be the protagonist of his own life."

3
life

Over-parenting



Economist Dr. Bryan Caplan shares signs to help you know if you're over-parenting.

- You find yourself yelling at your kids when you're in the process of doing something that is for their "benefit".
- You're en route to an activity. Your kid is complaining and you're thinking you can't be bothered to go. It's clearly become a chore.



British study: Should clocks move forward so kids can play outside longer?

Old Y Centre and IBM Present:

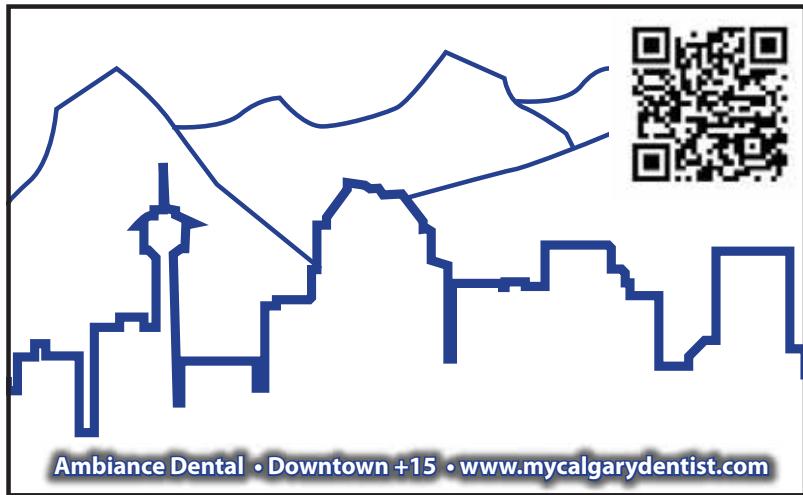
Community Forum:

Why Co-Location? Community Development for Social Change
Nov. 18, 8:30 am- 3:30pm

The forum will provide a space for dialogue among non-profit organizations and the general public about the synergy and world-changing potential of shared spaces and resources. It will highlight the innovative and unique model of co-location practices at the Old Y Centre as well other examples both locally and at the national level.

Keynote speaker: Tonya Surman, Centre for Social Innovation, Toronto

To register: call 403-261-9660 or visit <http://oldycommunityforum.eventbrite.com>



Go red this soup season

► Pull out the slow cooker and make this red pepper soup that beats the cold with its hearty texture, combo of veggies and spices ► Top it with feta



► This recipe serves six.

It's about that time to dust off the slow cooker for another season of simmering savoury meals and delicious

soups. Here for soup lovers is a tempting recipe for a roasted red pepper soup to tantalize the taste buds.

THE CANADIAN PRESS/H/O

Preparation:

- 1** In bowl, combine feta, oregano, half ground pepper. Set aside.
- 2** In slow cooker, combine onion, carrot, celery, tomatoes, red peppers and broth.
- 3** Secure lid and cook on high for 4 to 6 hours or 8 to 10 hours on low.
- 4** Working in batches in a blender, food processor or using a hand immersion blender, purée the soup mixture to your desired consistency.
- 5** Return to slow cooker and hold on warm until ready to serve. Stir in lemon juice and remaining pepper before serving. Garnish each

Ingredients:

- 125 ml (1/2 cup) crumbled feta cheese
- 5 ml (1 tsp) finely chopped fresh oregano
- 2 ml (1/2 tsp) freshly ground pepper, divided
- 1 each onion and carrot, chopped
- 1/2 celery stalk, chopped
- 1 can (796 ml/28 oz) diced tomatoes (undrained)
- 1 l (4 cups) bottled red peppers, chopped
- 1 l (4 cups) sodium-reduced beef or chicken broth
- Juice of 1 lemon

serving of soup with 30 ml (2 tbsp) of the feta mixture.

THE CANADIAN PRESS/
CROCK-POT.CA

Rose Reisman's Swap It

Instant noodles are one of the most popular choices for students. But if you grab the wrong type, you're looking at major amounts of sodium.



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Arugula & tomatoes shine in pasta

► This dish is great served with a generous dollop with ricotta cheese

Preparation:

1 In a skillet, heat the oil over medium heat. Cook garlic, anchovy paste and hot pepper flakes 1 min. Add tomatoes, chopped basil, salt. Bring to a boil. Reduce heat and boil gently, stirring 15 mins. or until thickened. Scoop into pasta bowls

2 In pot of boiling salted water, cook potatoes and pasta for 10 mins. or until potatoes are tender and pasta is al dente. Drain and return to pot. Pour sauce over pasta mixture and toss to combine. Add arugula and Parmesan cheese and toss well. Scoop into pasta bowls

to serve. EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AU-

THOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

Ingredients:

- 2 tbsp (25 mL) olive oil
- 3 cloves garlic, minced
- 1 tsp (5 mL) anchovy paste
- 1/4 tsp (1 mL) pepper flakes
- 1 can diced tomatoes
- 1/4 cup (50 mL) fresh basil
- 1/2 tsp (2 mL) salt
- 2 potatoes, chopped
- 1 bag (500 g) rigatoni
- 2 cups (500 mL) baby arugula
- 3 tbsp (45 mL) Parmesan



► This recipe serves four.

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Learn by recycling

► Tech it Away program gets high schools involved in rounding up and recycling unwanted electronics ► Find out how you can get involved



Recycling old electronics is a baffling business for many Canadians.

Sure, we know where to put our used bottles and newspapers.

But computers, televisions and discarded cellphones? Not so sure.

That's why Best Buy Canada set up Tech it Away, a program that gets high schools actively involved in rounding up and recycling unwanted or obsolete electronics.

"The program originated from the idea of making sure that people understand the importance of recycling their electronics," says Danielle Jang, communications manager for Best Buy Canada.

"There's a lot that goes into it, and we wanted to make sure that we took responsibility for that, spreading the word and working with the younger generation. They get excited about it, and they can see the results of it as well."

Ten selected schools, in Vancouver, Calgary and Toronto held community recycling drives last month. In the competitive, high-turnover field of electronics, the company feels campaigns like this are essential.

"There's new technology out there that's better for the environment, and we want people to start using that instead," Jang explains.

"And then we want to take the old electronics



► They have added a sculpture competition to the event.

Contact

Want to bring this program to your school?

► Contact New regions are

that they have and recycle them properly."

Each participating school receives a grant of up to \$10,000, earmarked for the purchase of newer, more energy-efficient electronics.

And there's an artistic element as well.

"This year, we added a sculpture competition.

being considered for 2012. If you are interested you can contact Vicky Foley, community relations manager for Best Buy, at media@bestbuycanada.ca.

Students took some of the collected electronics, and were tasked with the challenge to create a sculpture. The winner was actually from Downsview Secondary School in Toronto. It's a really cool sculpture of a tree. They used wires, the keys on a keyboard, the insides of a mobile phone, and they constructed a re-

ally neat sculpture of a tree. It's pretty cool."

The program has sparked some healthy, eco-friendly competition between rival schools, each eager to collect more disused gizmos than their local rivals.

"The kids got on board really quickly," says Jang. "They're out there telling their friends and families and their community to bring everything that they've got in their basements to drop it off. They get excited about that."

For more info, check out bestbuy.ca.

ECO-FRIENDLY FLOWER SERVICE BLOSSOMING

Are there any companies that create and deliver eco-friendly flower arrangements?
Karly of Vancouver

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



My first suggestion: Ask your favourite florists if they have local, seasonal and pesticide-free flowers. Those three factors alone ooze eco-friendliness.

You're smart to avoid flowers that have been shipped from far, far away, and not just because of their carbon footprint.

Many cut flowers come from developing countries, where growers use toxic pesticides banned in Canada.

And no one tests imported flowers for pesticide residues. It's time we greened up our bouquet shopping skills. The more

who ask our local florists for pesticide-free blooms from local farmers, the quicker they'll clue in. Another suggestion is to search Veriflora.com. Veriflora is a sustainability certification program for fresh cut flowers and potted plants. Search their site by province for a company that abides by their agricultural sustainability certification and eco-labelling program.

A Google search might also turn up companies that sell organic or Fair Trade Certified bouquets.

Many I found online only deliver in the U.S. — OrganicBouquet.com and Flowerbud.com — but join them on Facebook and you'll know when they branch into Canada.



Service Directory

To advertise contact Carmen Kuhmayer at 403-539-4950

HEALTH AND WELLNESS



Wonderful opportunity to learn Pranic Healing, register for 2 days experiential Level 1 Pranic Healing Seminar on 19th and 20th November'2011. Learn to feel, see, and scan Auras and Chakras. Learn self-healing and distant healing. There is lot more to learn and experience. Seating is limited. For details, please visit www.bodhiwellbeing.com

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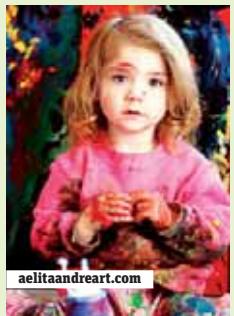
1 Art: Pint-sized Picasso

Aelita Andre, 4**What she's done:**

An abstract artist, she began painting when she was 11 months old, before she could even walk. Last summer was her first solo exhibition in New York. Her paintings are worth up to \$24,000. "I paint music and the cosmos," she says. Meanwhile, the cash will be saved for university.

What she has to say:

"I love painting and drawing. I also love the iPad space apps Solar Walk and Star Walk and generally drawing or writing apps on my iPad."

**Do you wish you had a 'normal' childhood?**

I don't think I can answer this yet. This is something I will only be able to know when I am older. Right now, I love being in kindergarten and making friends.

4 kid geniuses

- All parents believe their child is gifted somehow
- Some of them are right
- These kids do a little more than play around

ROMINA MCGUINNESS
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Math: The human calculator

**Mikhail Ali, 9****What he's done:**

Mikhail could do calculations before he could speak. When he

was three years old he became the youngest member of Mensa, an elite organization open to people with an IQ in the Top 2 per cent of the population. He has an IQ of approximately 150. By the time he was two he could add up to 100, read and write.

What he has to say:
"I love a challenge. Math is fun to me. It's just like playing with toys."

Do you wish you had a 'normal' childhood?

"I can't imagine my life without math. My parents have done their best to not make it what defines me. When I'm older, I'm not sure I'll love it like I do now. I would also like to be a lawyer or a doctor."

When do you most feel like a kid?
"When I'm playing football."

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Cosmetics: The new Estée Lauder

Leanna Archer, 16**What she's done:**

Teen CEO of Leanna's Inc., she started her own business when she was just nine years old selling natural haircare products based on her Haitian grandmother's recipes. Her most popular product is a \$25 pomade made from avocado oil, hibiscus oil, almond oil and quinine.



leannashair.com

What she has to say:

"With my busy life as an entrepreneur, philanthropist and motivational speaker, I believe that dreams are wild, but wild enough to come true."

Do you wish you had a 'normal' childhood?

"I do have a normal childhood, I just have a different extra curricular activities than most children my age. I still go to school, play the piano, spend time with my family and play basketball."

Science: The scientific siblings

Sho & Sayuri Yano, 20 and 15**What they've done:**

At age 13, both siblings already had a Bachelor of Science as well as being accomplished pianists. When he was 18, Sho gained his PhD in molecular genetics and cell biology. He's now in his final year of medical school, specializing in pediatric neurology. Sayuri entered Johns Hopkins University at 14 as a student majoring in violin performance. She has recently published a technology book.

**Do you wish you had a 'normal' childhood?**

Sayuri: "Of course not! Leading such a life wasn't easy but it has shaped me, my ambitions and the way I perceive the world."

Sho: "Absolutely not. I could have gone to school at the 'regular' speed but would not have been happy."

When do you feel like kids?

Sayuri: "Staring at a great expanse of sky on a clear night makes me ponder the universe and our mere size in comparison. That's enough to make anyone feel like a kid."

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She's writing her own destiny

► Kathleen Mailer is a multi-hyphenate businesswoman with a story to tell ► Do you have the knack to pen a novel?

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA



"We grew up in poverty and my Dad worked 24/7 to feed our family. At the end of his life he said, 'You're a mentor. Don't let people suffer the

way mom and I did. Go out there and make a difference."

That was 12 years ago and today, Kathleen Mailer is a motivational speaker, Canada's leading authority on self-publishing, a business mentor, pastor, philanthropist, editor of Today's Businesswoman magazine and the author of 38 books.

"I realized life is too short to sit on your dreams. You have to it now. Make a decision and

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Letter-writing: Help the elderly, sick or disabled pen letters or their memoirs

Articles: Again, magazines are always looking for your point of interest.

Resumés: Help them get the job every time!



PROVIDED

To creep or cash in?

► Study indicates recent graduates are prioritizing Facebook freedom over a competitive salary

New grads are facing higher unemployment rates than they've ever had to deal with before. It's no wonder we are hearing cries on the subject from the early 20s crowd. A new study, though, could raise some eyebrows over their priorities when it comes to careers.

The results of the U.S. study, conducted by Cisco and published by Hot Hardware, show that new college graduates care more about access to social networking sites than they do about salary when considering a job offer.

Shocked? About 56 per cent of the 2,800 students and young professionals polled across the globe are so turned off by the idea of logging out that they would most likely turn down or ignore a job offer from a company that banned those social networking sites.

The ability to work remotely also proved more important than pay. About



40 per cent said they would actually accept less money if it meant they could telecommute and use social networking sites on what-

ever device they wanted to while working.

A flexible work schedule was another plus — about one-third of respondents said it is their right, not privilege, to have flexible hours and permission to work remotely.

These results are perhaps a sign of times as to how important social networking has become to the business world but, geez, what's next — a 40-hour work week?

► METRO WORLD NEWS

the coming months.

"It's really easy to write books but a lot of people don't realize it."

Take Kathleen's advice and make it a turning point for you. Make a decision, move forward and kick that 'inner terrorist' to the curb.



SEATS AVAILABLE FOR JANUARY 3, 2012

The School of Construction at SAIT Polytechnic is now taking registrations for the January 3, 2012 intake of the 1st year of our new Insulator Apprenticeship program.

SAIT Polytechnic's 20-week Insulator apprenticeship program teaches students to read blueprints and specifications to determine job requirements and how to select, install and secure a variety of insulation materials based on the size, surface characteristics and location of pipes, ductwork and other mechanical systems.

Registrations are also being taken for the 2nd year, February 13, 2012 intake and the 3rd year, March 26, 2012 intake.

Join us for an Information Session:
Wednesday, November 16 at 7:00 pm in the Chinook Lodge rotunda of the Senator Burns Building.

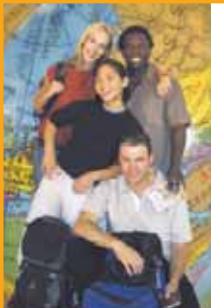
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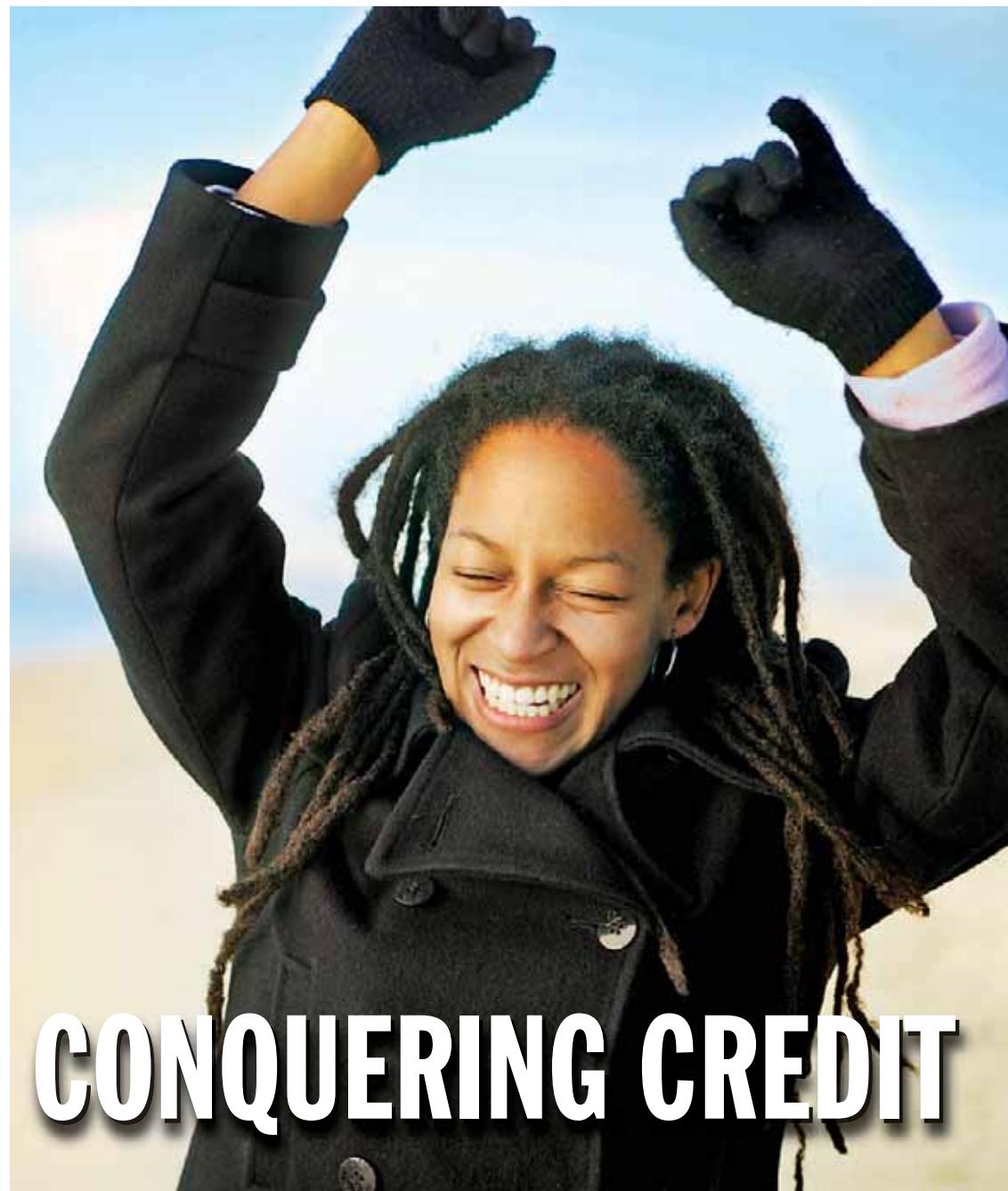
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CONQUERING CREDIT

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CREDIT EDUCATION WEEK CANADA CELEBRATES ITS FIFTH ANNIVERSARY

In 2007, Credit Canada and Capital One Canada teamed up to create the first Credit Education Week Canada (CEWC), with the objective to raise public awareness and educate Canadians about the many issues and challenges they face managing their finances, spending and savings.

Now in its fifth year, CEWC 2011 will be looking at Canada's "Sandwich Generation" and the unique financial pressures they face.

Did you know:

- Eighty-two per cent of Canada's Sandwich Generation are not financially prepared, or don't know if they will be able to support their aging parents.
- One-third of those Canadians who support both a child and aging parents provide more than \$500 per month to support their parents.

COMPELLING STORIES ACROSS CANADA

Credit Canada and Capital One Canada sponsored a contest asking people to share their inspiring or compelling stories about how they conquered their credit issues and how it changed their life. Contributors were asked to share their stories in 300 words or less.

Beginning today, and running through to Friday, more than 100 events and financial literacy workshops at YMCAs and community centres across the country will occur under the Credit Education Week banner thanks to the support and funding of all sponsors.

Tomorrow, the founding sponsors of CEWC — Credit Canada and Capital One Canada — will officially kick off

Dale Koe of Toronto submitted the winning entry worth \$5,000, Dawn Erstelle from Winnipeg took home \$2,000 for the second-place story, while Esme Gosling from Pender Island, B.C., cashed in the third-place entry, which was worth \$1,000.

the week with the launch of its Professional Development Day at the Toronto YMCA.

The event launch, hosted by Alison Griffiths, host of the television program Maxed Out, is a unique opportunity for financial industry leaders to bring consumer awareness to the myriad of financial issues impacting Canadians, as well as show their support and commitment

THANK YOU TO OUR CREDIT EDUCATION WEEK CANADA 2011 SPONSORS

Platinum



Gold



Silver



Bronze



to financial literacy initiatives.

The day will feature an impressive slate of speakers from media, not-for-profit and key government agencies, who will discuss the many financial management issues affecting Canada's Sandwich Generation. Neil Pasricha, author of The Book of Awesome, will deliver the event's keynote address.

CEWC 2011's event launch is free and open to the public.

The climax of every CEWC is the dinner gala, which will be held Wednesday at the Four Seasons Hotel in Toronto. The gala will be hosted by CTV's consumer affairs expert Pat Foran, while bestselling author and international entrepreneur Debbie Travis will deliver the gala's keynote address.

For more information about CEWC 2011, go to cewc.ca.



COSTLY APPEARANCES

DALE KOE SHEDS EXPENSIVE CLOTHES, LIVING WITHIN BUDGET

"Do you think that looks good? People will LAUGH at you," my dad would say when I was a teenager.

He used to berate me for wearing

baggy clothes (which were "in" by the way). Maybe I took it to heart because shortly after I grew an appetite for expensive cottons, custom tailoring and,

of course, show-stopping accessories.

I wake up on my 1,200 thread-count bedsheets, turn over on my side and look at my Omega watch — 6 a.m. I

GRAND PRIZE WINNER (\$5,000)

hate getting up sometimes, especially after having expensive takeout at 11 p.m. right before bed.

So I drag myself off to the shower and do my thing, come back to my room and look in my closet. Thinking about it, there must be more than \$4,000 worth of clothing in there.

Well, keeping up appearances is important, right? Right! So who will I be today? Hugo? Giorgio? Mr. Lauren? I choose Hugo and head off to class.

Skip ahead three years, after I discovered my taste in finer clothing wasn't just a small expense, but had accumulated to thousands of dollars worth of debt. I was unemployed while going to university, living on student loans and my credit cards. I had to rethink my entire budget (if there ever was one) because, hell, I needed to eat.

Now, I'm living with the budget, slowly chipping away at my debt. Last week, I shopped for clothes at an "Honest" discount store in Toronto; I bought three sweaters, a jacket, and a pair of pants for \$49. If only I had thought of entrusting my appearance to Ed, instead of Yves, Tommy, and Mr. Ferragamo sooner I would be eating fresh fruit from a bowl instead of eating processed fruit from a can.

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DAWN ERSTELLE TAKES REALISTIC APPROACH TO ELIMINATE DEBT

THE YEAR: 2010.

THE GIRL: 27 years old, no savings, no RRSPs, \$10,000 student loan debt, \$4,000 credit card debt, \$30,000 annual income.

THE PROBLEM: I spent more than I earned and wagered on a wealthy future self.

After five hopeful years without a lottery win or large inheritance from an estranged family member, it was time to take a more realistic approach. I decided to make a lifestyle change.

Here's the thing, frugality is seen as a dull means to a long-awaited end when you are in your 20s and want something NOW.

Nobody is marketing responsible money management as cool, or advertising that savings accounts instead of personal loans will make you happy. Hardly anybody proclaims how much fun it is to save instead of spend, and few announce that it's hip to buy second-hand or not buy at all.

Luckily, I'm pretty secure with my



level of cool, fun and hip so I had no qualms about experimenting with "conscious spending" two years ago.

I pared down my monthly expenses and attempted to purchase only necessary stuff like concert tickets, coffee and beer. I sold lots of my possessions, including my car, and decided not to upgrade any of my tech devices. I have primarily bought my clothes at thrift shops and made the

majority of my meals at home.

Admittedly, this may sound like an unattractive situation, but here's the sexy part ... in two years:

- I have \$10,000 in my "living the

dream" savings account.

- I have eliminated all \$4,000 in credit card debt (the student loans are slowly dwindling).
- I have \$2,000 in an RRSP account.
- I have built healthy saving/spending habits

My living the dream muse? I'm flying to Asia this winter — seven countries, six months, zero days at the office and infinite possibilities!

SECOND PLACE WINNER (\$2,000)

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Balancing the uncertainties of life can be overwhelming. If a sudden change has you on shaky financial ground, MNP Ltd. can help. Don't let debt threaten your future, visit mnpdebt.ca today and find out how we can restore financial stability to your life. Together, we can find a solution that works best for you.

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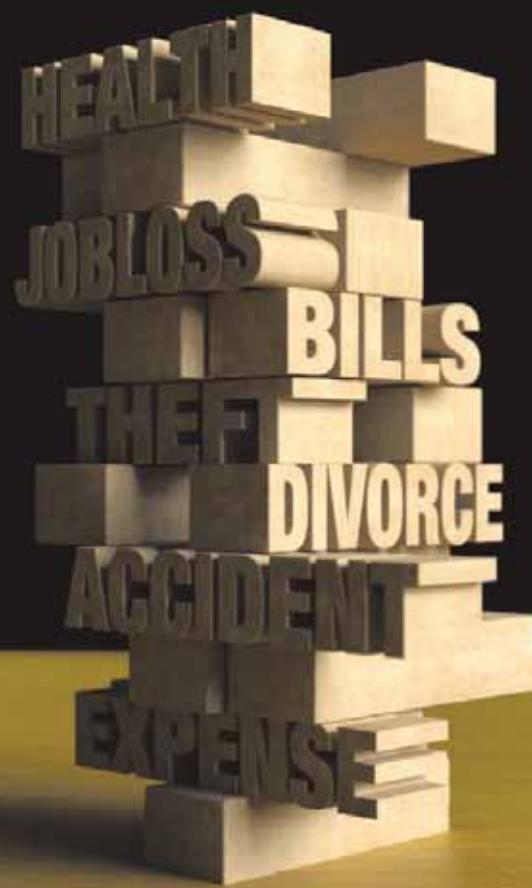
Calgary (Downtown): Suite 300, 622-5th Avenue SW*
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DON'T SAY IT



MAYBE ESME GOSLING SHOULD HAVE LISTENED TO HER MOM

Don't tell my mother, but she might have been right. I didn't want to admit it at the time, but a question like, "So, how do you earn a living?" might have

been a good one.

Instead, I thought, "What does it matter? We're in love!" So what if our first date was spent at his house —

well, his sister's house actually — watching a video that he downloaded and drinking Red Rose tea? It wasn't cheap, it was cosy.

THIRD PLACE WINNER (\$1,000)

Second date, much the same, but we did a lot of talking, and women love talking! As things progressed, it's true that he didn't buy me flowers or gifts (too predictable) — heck, he didn't even buy groceries, even though he was practically living with me at that point.

OK, you guessed it: Suddenly, he was living with me and how could I ask him to pay rent given how much he was doing around the house to help out? Doing what? Well, just stuff. You know. I, personally, didn't know because I was at work, but, you know.

But what woman wouldn't give anything for a man who would be there at the end of the day with a cup of tea, a hot bath, and yet another downloaded movie? I wouldn't give anything for it, but I did end up giving, approximately (OK, exactly) \$12,958 a year for it. (Times two because I'm a slow learner in some ways, so it took me a couple of years.)

Finally, even I had to admit that while money doesn't buy happiness, it sure goes a long way towards rent and groceries. So, yes, mom, you do have my permission to do extensive financial background checks on the next man I bring home — as long as you don't say you told me so!



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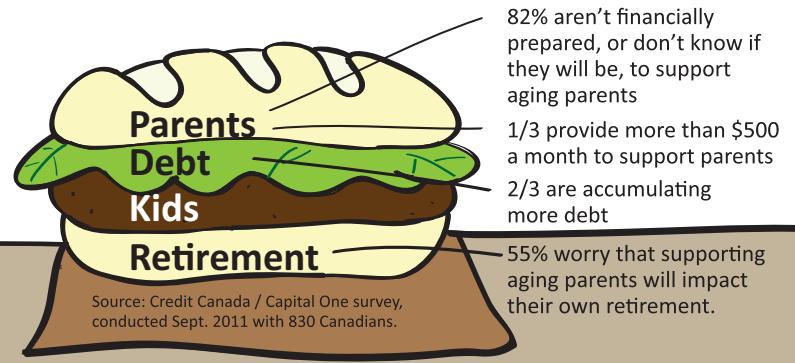
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Practical MoneySkills
Canada



Sandwich Generation: Canadians financially responsible for both parents and kids



Top Tips for the Sandwich Generation

1. See if you are eligible to claim the caregiver tax credit if parents over 65 live with you
2. Teach your children money skills, so they become financially independent sooner
3. Talk about your parents' financial realities before there is a care-giving crisis

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Insulin Management System



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Before deciding on the OmniPod® Insulin Management System, you must discuss with your healthcare practitioner the benefits and potential risks of the OmniPod® System, as well as the responsibilities that come with insulin pump therapy.

Indication

The OmniPod® Insulin Management System is intended for subcutaneous (dermal) delivery of insulin at set and variable rates for the management of diabetes mellitus in persons requiring insulin and for the quantitative measurement of glucose in fresh whole capillary blood (by strips).

Contraindications

Insulin pump therapy is NOT recommended for people who are either:

- Unable to perform at least four (4) basal glucose tests per day
- Unable to maintain contact with their healthcare provider
- Unable to use the system according to instructions

Do not use the integrated FreeStyle® Blood Glucose Monitoring System for:

- Testing on acetaminophen
- Testing arterial blood
- Diagnosing or screening for diabetic retinopathy



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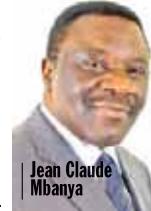
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STOCKBYTE/THINKSTOCK

KEEPING DIABETES IN THE SPOTLIGHT

Today is World Diabetes Day. This day marks the 120th birthday of Canadian Frederick Banting, who, more than 90 years ago, discovered insulin, a drug that is responsible for helping some of the 366 million people with diabetes around the world maintain a healthy life.



Jean Claude Mbanya

And yet, just shy of a century after it was discovered, many people are still unable to access the essential care they need. They are denied the right to a healthy future and, in many cases, the right to life.

Every year, more than four million people die from diabetes, and tens of millions more suffer disabling and life-threatening complications such as heart attack, stroke, kidney failure, blindness and amputation.

Diabetes also has negative consequences for certain infectious diseases, other non-communicable diseases (NCDs) and for mental health.

Diabetes is not only a health crisis, it is a societal catastrophe. Governments worldwide are struggling to meet the cost of diabetes care.

It is my hope that World Diabetes Day 2011 will carry forward the momentum started last September, when 193 heads of government and state signed a political declaration at the United Nations in New York. This

KNOW THE WARNING SIGNS

Know the signs and symptoms of diabetes. Early diagnosis saves lives. They can include:

- Unquenchable thirst.
- Frequent urination.
- Weight loss.
- Increased hunger.
- Blurry vision.
- Irritability.
- Tingling or numbness in the hands or feet.

momentous declaration was a product of the first ever meeting on the control and prevention of NCDs, including diabetes.

Today gives us the chance to come together and raise awareness of one of the deadliest epidemics of the 21st century, but it also gives us the chance to reflect on how we can help turn diabetes advocacy and rhetoric into action throughout the world.

Join the international diabetes community in celebrating this World Diabetes Day. Whether you choose to dress in blue, floodlight a local landmark in blue or alert a local government representative to the impact of diabetes in your community, we all have a part to play today.

It is time we stopped sleepwalking into a sick future. Act on diabetes, now.

—Jean Claude Mbanya, president, International Diabetes Federation

Fate of NBA season may be decided today

Decision day for NBA players may have arrived.

The players' association will meet in New York this morning, a session that could lead to the end of the lockout or send it into a bigger tailspin. Representatives from all 30 teams are expected, as are other players, to examine and discuss a seven-page summary of the NBA's latest collective bargaining proposal to the union.

The proposal, a copy of which was obtained by The Associated Press, was dated to be delivered to union executive director Billy Hunter on Friday. At least some of the people who will be in the NBPA meeting said yesterday they had not yet seen the offer, creating more than a little confusion over what exactly is on the table.

"We haven't asked for anything more than what we had," Miami Heat player representative James Jones said yesterday. "We understand the times. We understand the economy. We just want a fair deal where both sides are bearing the weight of the present times and with an eye on the future of the game of basketball."

By today, things could finally become clear — because this union meeting may decide if basketball will be played this season.

There are 17 items in the memo, including how teams paying a luxury tax would not be able to acquire free agents in sign-and-trade deals after the 2012-13 season. One of the key points comes on page 5, where the NBA says "there will be no limitations on a player's ability to receive 100 per cent guaranteed salary in all seasons of a contract."

THE ASSOCIATED PRESS

72

The NBA wants a 72-game season to begin Dec. 15. For that to happen, a handshake deal almost certainly would have to be in place this week.

Stampeders' Tate faces harsh playoff initiation

- **Rookie quarterback says fumble in West semifinal was back breaker**
- **Coach Hufnagel says gaffe 'was not the determining factor' vs. Edmonton**



Rookie Stampeders quarterback Drew Tate was shouldering much of the blame for Calgary's 33-19 loss to Edmonton in yesterday's CFL West semifinal.

"My fumble," Tate said when asked what he thought the turning point was in the game. "If I don't fumble, we probably win this game. Bottom line."

Tate, who took over Calgary's starting role from last year's MVP Henry Burris for the final three games — all wins — had his team ahead 8-3 and driving toward another possible score when he dropped the ball. Edmonton linebacker Damaso Munoz scooped up the fumble and ran 77 yards for the touchdown that put the Eskimos ahead to stay.

Asked if he just dropped the ball, a disheartened Tate replied, "Yep."

A slippery ball? "Yep."

Calgary head coach John Hufnagel deflected criticism from his young quarterback, saying the fumble was not the pivotal play.

"We still had 45 minutes



of football left. It was a situation where we could have scored, but it was not the determining factor."

Tate was the unknown factor for Edmonton going in. The Eskimos had expressed concern leading up to the game because they hadn't played against Tate and hadn't seen much film on him. Turns out they didn't have to.

Tate completed just five of 10 passes for 99 yards and one interception in the first half he played. He led the Stamps to just one major score, a five-yard touchdown run by Jon Cornish that finished off a four-play, 78-yard drive that put Calgary up 8-3 after the first quarter.

East Division



The Hamilton Tiger-Cats' decade of playoff frustration is over, and so is the Montreal Alouettes' reign as Grey Cup champion.

► Quinton Porter ran in from the one-yard line for a touchdown in overtime and the Tiger-Cats' defence stoned the Alouettes as Hamilton won a thrilling CFL East semifinal 52-44 over Montreal yesterday.

► It was the Ticats' first playoff victory since they beat Montreal in the 2001 semifinal. They will face the Blue Bombers in Winnipeg in the East final next Sunday.

He had another potential scoring drive ended by an interception and yet another by a dropped pass by a wide-open John Forzani. He appeared to hurt his knee on this final play, an eight-yard run that came up short of a first down and left Calgary to settle for its second single.

Hufnagel said Tate wasn't hurt and that wasn't the reason for going back to veteran Henry Burris for the second half.

"Well maybe his pride got hurt," Hufnagel said of Tate. "We changed quarterbacks to try to change

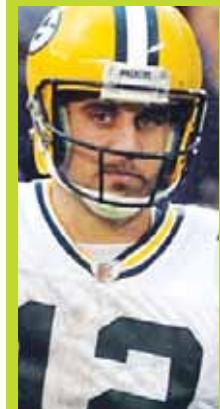
some momentum on offence. We ran the ball very well, especially in the first half, but we had the two turnovers that prevented some good things happening, or better things happening. We just weren't making plays, a mixture of protection breaking down a bit, a bad throw, things you can't do against a good football team and still win."

Burris wasn't much better. He completed seven of 15 passes for 79 yards but couldn't get the Stampeders into the end zone.

THE CANADIAN PRESS



Quoted



"There's different talk outside the locker-room and there will be if we continue to win. But I said it after last week's game, we're trying to be 1-0 after every week."

PACKERS QUARTERBACK AARON RODGERS. GREEN BAY IS HALFWAY TO 16-0 GOING INTO TONIGHT'S GAME AGAINST MINNESOTA.



Scan code for more sports news.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	17	10	4	1	2	51	40	23	5-1-10	5-3-0-2	7-2-0-1	L1
d-Washington	15	10	4	0	1	55	42	21	6-1-0-1	4-3-0-0	5-4-0-1	L1
d-Toronto	17	10	6	1	0	51	58	21	5-3-10	5-3-0-4	5-5-0-0	L1
NY Rangers	15	9	3	1	2	43	31	21	5-1-0-1	4-2-1-1	7-2-0-1	W6
Philadelphia	16	9	4	2	1	62	48	21	4-3-11	5-1-1-0	5-3-1-1	W1
Buffalo	16	10	6	0	0	49	40	20	5-4-0-0	5-2-0-0	5-5-0-0	L1
Florida	16	8	5	0	3	46	42	19	2-2-0-3	6-3-0-0	5-2-0-3	L1
Tampa Bay	16	8	6	0	2	46	50	18	5-1-0-4	3-5-0-2	7-3-0-0	L1
New Jersey	15	8	6	0	1	37	41	17	4-3-0-1	4-3-0-4	5-5-0-0	W1
Ottawa	18	8	9	0	1	53	65	17	5-4-0-1	3-5-0-1	5-4-0-1	W1
Boston	15	8	7	0	0	52	35	16	6-5-0-0	2-2-0-0	6-4-0-0	W5
Montreal	16	7	7	1	1	40	42	16	2-4-1-1	5-3-0-0	6-3-1-0	W2
Carolina	17	6	8	2	1	43	58	15	4-3-0-1	2-5-2-0	3-6-0-1	W1
Winnipeg	17	5	9	2	1	43	58	13	2-3-0-0	3-6-2-1	3-5-2-0	L5
NY Islanders	14	4	7	2	1	29	43	11	4-3-10	0-4-1-1	1-6-2-1	L3

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Chicago	18	11	4	1	2	62	52	25	7-1-0-2	4-3-1-0	6-3-1-0	W3
d-Dallas	16	11	5	0	0	48	41	22	6-1-0-4	5-4-0-0	6-4-0-0	L2
d-Minnesota	17	9	5	2	1	39	36	21	5-2-1-0	4-3-1-1	7-2-1-0	W1
Edmonton	17	9	6	0	2	39	38	20	5-1-0-1	4-5-0-1	6-4-0-0	L3
San Jose	15	9	5	1	0	44	39	19	4-3-1-0	5-2-0-0	7-2-1-0	L1
Detroit	15	9	5	1	0	42	33	19	2-3-0-0	4-5-1-0	W4	
Phoenix	15	8	4	1	2	43	39	19	4-3-1-2	6-2-1-1	W1	
Nashville	16	8	5	2	1	43	42	19	2-2-1-2	6-3-1-0	6-2-2-0	L1
Los Angeles	17	8	6	1	2	41	40	19	5-4-0-1	3-2-1-1	3-5-1-1	W1
Vancouver	18	8	8	0	1	55	51	19	4-2-0-1	5-6-0-0	5-5-0-0	W1
St. Louis	16	8	7	0	1	40	38	17	5-1-0-1	3-6-0-4	6-3-0-1	W1
Colorado	17	8	8	1	0	49	54	17	2-6-0-4	6-2-1-0	3-6-1-0	L1
Calgary	16	7	8	1	0	35	42	15	3-4-1-0	4-4-0-4	5-5-0-0	W1
Anaheim	17	6	8	1	2	35	51	15	4-4-0-0	2-4-1-2	2-5-1-2	L1
Columbus	16	3	12	0	1	36	60	7	3-5-0-1	0-7-0-0	3-7-0-0	W1

d = division leaders ranked 1-2 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Vancouver 4 NY Islanders 1

Chicago 6 Edmonton 3

Minnesota 3 Anaheim 2

Philadelphia 3 Florida 2

Saturday's results

Calgary 4 Colorado 3

Columbus 2 Winnipeg 1

Montreal 2 Nashville 1 (OT)

Ottawa 5 Toronto 2

Boston 6 Buffalo 2

Carolina 5 Pittsburgh 3

Detroit 5 Dallas 2

Los Angeles 5 Minnesota 2

New Jersey 3 Washington 2 (SO)

Phoenix 3 San Jose 0

St. Louis 3 Tampa Bay 0

Tonight's games

All Times Eastern

Philadelphia at Carolina, 7 p.m.

Buffalo at Montreal, 7 p.m.

Tampa Bay at Winnipeg, 8:30 p.m.

Tomorrow's games

New Jersey at Boston, 7 p.m.

NY Ranger at NY Islanders, 7 p.m.

Phoenix at Toronto, 7 p.m.

Minnesota at Columbus, 7 p.m.

Colorado at Pittsburgh, 7:30 p.m.

Detroit at St. Louis, 8 p.m.

Washington at Nashville, 8 p.m.

Florida at Dallas, 8:30 p.m.

Ottawa at Calgary, 9 p.m.

Wednesday's games

Carolina at Montreal, 7 p.m.

New Jersey at Buffalo, 7:30 p.m.

Chicago at Vancouver, 10 p.m.

Anaheim at Los Angeles, 10:30 p.m.

CANUCKS 4, ISLANDERS 1

First Period

1. Vancouver, Rome 3 (Booth, Hodgson) 1:57

Penalty — Eaton NYI (holding) 17:56.

Second Period

2. Vancouver, H.Sedin 6 (Bieksa) 0:34

3. N.Y. Islanders, Moulson 4 (Grabner, Tavares) 15:09

Penalty — Martin NYI (tripping) 11:42.

Third Period

4. Vancouver, Hodgson 4 (Rome, Higgins) 2:47 (pp)

5. Vancouver, Booth 2 (Rome, Lapierre) 16:59 (en)

Penalty — Streit NYI (delay of game) 1:07.

Shots

N.Y. Islanders 8 4 12 24

Vancouver 14 13 9 36

Goal — NY Islanders: Nabokov (L,1-4-0); Van-

couver: Luongo (W,7-5-1).

Power plays (goals-chances) — N.Y. Islanders:

0-0; Vancouver: 1-3.

Referees — Tom Kowal, Dennis LaRue. Lines-

men — Lonnie Cameron, Brad Lazarowich.

Attendance — 18,890 (18,890) at Vancouver.

SOCCER

MLS PLAYOFFS

MLS CUP

Sunday, Nov. 20

At Carson, Calif.

All Times Eastern

Houston vs. Los Angeles, 9 p.m.

Thursday's result

At Carson, Calif.

All Times Eastern

Minnesota at Green Bay, 8:30 p.m.

NFL

WEEK 10

AMERICAN CONFERENCE

EAST

New England 6 3 0 .667 259 200

N.Y. Jets 5 4 0 .556 215 200

Buffalo 5 4 0 .556 229 218

Miami 2 7 0 .222 158 178

SOUTH

Houston 7 3 0 .700 220 179

Tennessee 6 3 0 .667 225 152

Jacksonville 3 6 0 .667 212 164

Cleveland 3 6 0 .333 131 183

WEST

Oakland 5 4 0 .556 208 233

San Diego 4 5 0 .444 216 228

Denver 4 5 0 .444 188 234

Kansas City 4 5 0 .444 141 218

NATIONAL CONFERENCE

EAST

N.Y. Giants 6 3 0 .667 218 211

Dallas 5 4 0 .556 223 182

Philadelphia 3 6 0 .333 220 203

Washington 3 6 0 .333 136 178

SOUTH

New Orleans 7 3 0 .700 313 228

Atlanta 5 4 0 .556 212 196

Tampa Bay 4 5 0 .444 156 233

Carolina 2 7 0 .222 190 237

NORTH

Green Bay 8 0 0 1.000 275 179

Detroit 6 3 0 .667 252 184

Chicago 6 3 0 .667 237 187

Minnesota 2 6 0 .250 172 199

WEST

San Francisco 8 1 0 .889 233 138

Seattle 3 6 0 .333 144 202

Arizona 3 6 0 .333 183 213

St. Louis 2 7 0 .222 113 223

Yesterday's results

Dallas 44 Buffalo 7

Denver 17 Kansas City 10

Miami 20 Washington 9

St. Louis 13 Cleveland 12

Arizona 21 Philadelphia 17

Tennessee 23 Indianapolis 3

Pittsburgh 24 Cincinnati 17

Houston 37 Tampa Bay 9

New Orleans 26 Atlanta 23 (OT)

Jacksonville 17 Indianapolis 3

Seattle 22 Baltimore 17

San Francisco 27 N.Y. Giants 20

Chicago 37 Detroit 13

New England 37 N.Y. Jets 16

Thursday's result

At Carson, Calif.

All Times Eastern

Minnesota at Green Bay, 8:30 p.m.

Tonight's game

At Carson, Calif.

All Times Eastern

Attendance — 30,183 at Carson, Calif.

CFL PLAYOFFS

DIVISION SEMIFINALS

Yesterday's results

EAST

Bye: Winnipeg

Hamilton 52 Montreal 44 (OT)

WEST

Bye: B.C.

Edmonton 33 Calgary 19

DIVISION FINALS

Sunday, Nov. 20

EAST

Hamilton at Winnipeg, 1 p.m.

WEST

Edmonton at B.C., 4:30 p.m.

99TH GREY CUP

Sunday, Nov. 27

At Vancouver

East vs. West champion, 6:30 p.m.

TICKETS 52, ALOUETTES 44 (OT)

First Quarter

MTL — FG Whyte 49:56

Ham — TD Thigpen 50 run (Medlock convert) 8:29

Ham — FG Medlock 27:13:41

Second Quarter

MTL — FG Whyte 9:38

Ham — TD Whittaker 2 run (Whyte convert) 7:51

Ham — TD Grant 29 pass from Glenn (Medlock convert) 12:22

Ham — TD Williams 3 pass from Porter (Medlock convert) 14:27

Ham — TD Williams 3 pass from Porter (Medlock convert) 24:48

Ham — TD Richardson 14 pass from Calvillo (Whyte convert) 7:32

Crossword

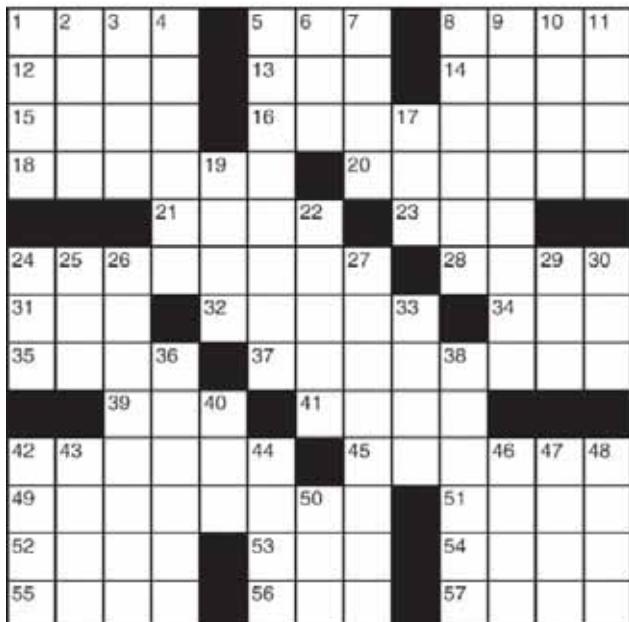
Across

1 Soft muddy stuff
5 Swabbie's tool
8 Cinderella's horses,
really
12 Apiary structure
13 Anger
14 Out of control
15 Iowa city
16 Slapstick missile
18 Joan of Arc, for in-
stance
20 Slanders in print
21 Cambodia neighbor-
bor
23 "Le Coq —"
24 "Old soldiers —"
28 Use a strainer
31 Opposite of 24-
Down
32 "No man is an is-
land" poet
34 Lincoln, to pals
35 Safecracker
37 Be dishonest
39 Historic time
41 Thin streak of
smoke

42 Thespians
45 Concealed
49 Formal attire
51 Architect Saarinen
52 Tardy
53 Grecian vessel
54 Pet shop enclosure
55 Basin accessory
56 — -relief
57 Grandson of Eve

Down

1 Fraud
2 Peru's capital
3 Finished
4 Mortar's partner



5 Teeny-tiny photo re-
production
6 Bobby of hockey
lore
7 Rind
8 Ballroom dances
9 Royal
10 Spring shape
11 — out (supple-
ments)
12 Help
13 Three feet
22 Muscle connector
24 Opposite of 31-
Across
25 Storm center

26 Produce plants
27 Peps up
29 Justice Dept. agcy.
30 Golf ball holder
33 Otherwise
36 Food merchant
38 Each
40 Noah's boat
42 Competent
43 Talon
44 Half a ticket
46 Slender
47 Therefore
48 Accomplishes
50 Playwright Levin



► Thursday's answer

Today's horoscope



Aries March 21-April 20 Aim to be the very best at what you do this week, and before you know it your name will be up in lights.

Taurus April 21-May 21 If there is something (or someone) you truly desire it will be yours by the end of the day.

Gemini May 22-June 21

You'll achieve a lot with a minimum amount of effort.

Cancer June 22-July 22 You will be helped out by some people and let down by others today.

Leo July 23-Aug. 23 If you need to ask a favor of someone

now is the time to speak up.

Virgo Aug. 24-Sept. 22

Everything should be going well for you now and if it isn't then it can only be a matter of time.

Libra Sept. 23-Oct. 23

You are worrying about something that will most likely never happen, which is a complete waste of time.

Scorpio Oct. 24-Nov. 22

You will do as you please today and if certain people don't like it, well, that's just too bad.

Sagittarius Nov. 23-Dec. 21

You need to make a change to your career you cannot do.

Capricorn Dec. 22-Jan. 20

For today's crossword answers and for expanded horoscopes, go to metronews.ca

You are in such a positive frame of mind at the moment that you honestly believe there is nothing you cannot do.

Aquarius Jan. 21-Feb. 18

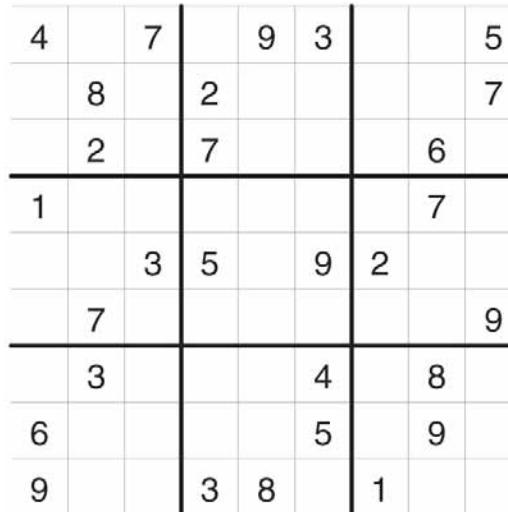
Don't act too quickly on what you think you see or hear today, because chances are your senses are deceiving you.

Pisces Feb. 19-March 20.

Mars in your opposite sign brings partnership issues to the fore and there may be one or two harsh words spoken.

• SALLY BROMPTON

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ►

A look at the weather



TODAY

Min -2°

Max 1°

TUESDAY

Min 6°

Max 0°

WEDNESDAY

Min -10°

Max -2°

Andrew Schultz,
Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 5:30AM



Caption contest



"Don't move! I lost my contact lens somewhere around this spot."

CHRIS



WIN! You write it!
Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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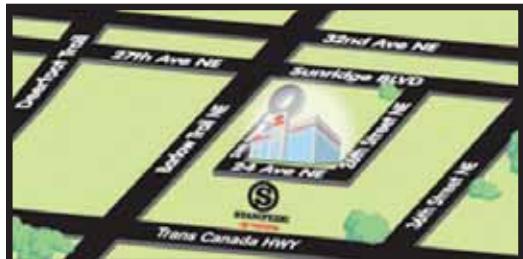
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